

# CAPITAL CITY DENTISTRY OF ATLANTA

DR. KYLE SMITH & DR. NICK SMITH

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## **POST OPERATIVE CARE AFTER EXTRACTIONS**

Immediately following a tooth extraction, keep pressure on gauze for 30-45 minutes or until the bleeding stops. You may repeat if necessary. If heavy bleeding continues, please notify our office.

**DO NOT** smoke, rinse vigorously, suck on the extraction site or drink through a straw for 1 week. Such activities will disturb the clot, hinder the healing process and may cause a dry socket.

**IMMEDIATELY AFTER A TOOTH IS EXTRACTED** you may experience some discomfort and notice some swelling. To reduce swelling, place ice packs on the side of your face off and on for 24 to 48 hours. Depending on your situation, medication may be prescribed to help control pain and infection.

**REDUCE STRENUOUS ACTIVITY FOR 24 HOURS.**

**DRINK LOTS OF FLUIDS** and eat a soft diet for the first few days.

**AVOID ALCOHOLIC BEVERAGES** and hot liquids.

**BRUSH AND FLOSS** as usual being extra careful around the extraction site.

**ON THE FOLLOWING DAY** gently rinse your mouth with warm salt water (1/2 tsp in warm glass of water).

**IF YOU HAVE** prolonged or severe pain, swelling, bleeding or fever, please notify our office.