

CAPITAL CITY DENTISTRY OF ATLANTA

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POST OPERATIVE CARE AFTER PERIODONTAL TREATMENTS

FOLLOWING SCALING AND ROOT PLANNING you can expect to notice less redness, less bleeding and less swelling of your gum tissues. Your teeth may feel smoother and your mouth will taste and feel better. Your gum health must be maintained with proper homecare, as instructed, and regular professional care.

WHEN ANESTHESIA HAS BEEN USED your lips, teeth and tongue may be numb for several hours after the appointment.

AVOID any chewing until the numbness has completely worn off as it is easy to bite or burn your tongue or lip while numb.

WE RECOMMEND YOU TAKE IBUPROFEN OR ACETAMINOPHEN, as directed, before the anesthetic wears off. This will help with any swelling or pain at the injection sites where the anesthetic was administered.

It is not unusual for the teeth to be more sensitive to hot or cold temperatures. This occurs as the gum tissue heals and shrinks in size. Brushing two to three times daily with sensitivity toothpaste or using fluoride rinses may help alleviate this over time. If sensitivity continues or is severe, professional application of a desensitizing agent may be required.

EAT A SOFT DIET for several days after the procedure.

CONSISTENT AND THOROUGH DAILY HYGIENE IS ESSENTIAL to the proper healing of your gums.

REFRAIN FROM SMOKING for 24 to 48 hours after scaling and root planning.

If you have persistent discomfort or swelling that occurs after your scaling and root planning procedure, contact our office at 404.237.0556.